

Music and Dance Phrase Outline

Counts	Detail #	Music Phrase / Section Summary	Finger Cymbals

1. Section Summary (8 cts)

Step: Jamila Steps go here [1-4], Jamila Steps go here [5-8]. If Default Only.

Step 2: Jamila Steps go here [1-4], Jamila Steps go here [5-8]. Only if it lines up.

Feet: Steps go here [1-4], more notes [5-6], and more, with commas between if needed [7-8].

Hips: Steps go here [1-8].

Hips 2: Steps go here [1-8].

Torso: Steps go here [1-8].

Torso 2: Steps go here [1-8].

Arms: Steps go here [1-8].

Head: Steps go here [1-8].

Eyes: Steps go here [1-8].

Z: 3-1-3-1-3 [1-4], 3-3-7 [5-8].

Notes: Steps go here [1-8].

Emotion:

Staging: Steps go here [1-8].

Music: Steps go here [1-8].

7	8	9
4	5	6
1	2	3
1	2	3
4	5	6
7	8	9

2. Section Summary (8 cts)

Step: Jamila Steps go here [1-4], Jamila Steps go here [5-8]. If Default Only.

Step 2: Jamila Steps go here [1-4], Jamila Steps go here [5-8]. Only if it lines up.

Feet: Steps go here [1-4], more notes [5-6], and more, with commas between if needed [7-8].

Hips: Steps go here [1-8].

Hips 2: Steps go here [1-8].

Torso: Steps go here [1-8].

Torso 2: Steps go here [1-8].

Arms: Steps go here [1-8].

Head: Steps go here [1-8].

Eyes: Steps go here [1-8].

Z: 3-1-3-1-3 [1-4], 3-3-7 [5-8].

Notes: Steps go here [1-8].

Emotion:

Staging: Steps go here [1-8].

Music: Steps go here [1-8].

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3. Section Summary (8 cts)

- Step:** Jamila Steps go here [1-4], Jamila Steps go here [5-8]. If Default Only.
- Step 2:** Jamila Steps go here [1-4], Jamila Steps go here [5-8]. Only if it lines up.
- Feet:** Steps go here [1-4], more notes [5-6], and more, with commas between if needed [7-8].
- Hips:** Steps go here [1-8].
- Hips 2:** Steps go here [1-8].
- Torso:** Steps go here [1-8].
- Torso 2:** Steps go here [1-8].
- Arms:** Steps go here [1-8].
- Head:** Steps go here [1-8].
- Eyes:** Steps go here [1-8].
- Z:** 3-1-3-1-3 [1-4], 3-3-7 [5-8].
- Notes:** Steps go here [1-8].
- Emotion:**
- Staging:** Steps go here [1-8].
- Music:** Steps go here [1-8].

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4	5	6
1	2	3
1	2	3
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4. Section Summary (8 cts)

- Step:** Jamila Steps go here [1-4], Jamila Steps go here [5-8]. If Default Only.
- Step 2:** Jamila Steps go here [1-4], Jamila Steps go here [5-8]. Only if it lines up.
- Feet:** Steps go here [1-4], more notes [5-6], and more, with commas between if needed [7-8].
- Hips:** Steps go here [1-8].
- Hips 2:** Steps go here [1-8].
- Torso:** Steps go here [1-8].
- Torso 2:** Steps go here [1-8].
- Arms:** Steps go here [1-8].
- Head:** Steps go here [1-8].
- Eyes:** Steps go here [1-8].
- Z:** 3-1-3-1-3 [1-4], 3-3-7 [5-8].
- Notes:** Steps go here [1-8].
- Emotion:**
- Staging:** Steps go here [1-8].
- Music:** Steps go here [1-8].

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4	5	6
1	2	3
1	2	3
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