

## CLASS ROTATION

WEEK	LEVEL 1	LEVEL 2	LEVEL 3	DANCE MOVEMENT
1	SINGLES	SINGLES	SINGLES	PLIÉ
2	3 / 4	3 / 4	3 / 4	TENDU
3	PELVIC LOCKS	PELVIC LOCKS	PELVIC LOCKS	DEGAGE
4	INTERIOR HIP SQUARES	INTERIOR HIP SQUARES <b>*NO CYMBALS</b>	INTERIOR HIP SQUARES/PYRAMIDS/V'S	RONDE DE JAMBE
5	INTERIOR/EXTERIOR HIP CIRCLES	INTERIOR/EXTERIOR HIP CIRCLES	INTERIOR/EXTERIOR HIP CIRCLES	BATTEMENT
6	LATERAL (VERTICAL) F8's	PYRAMIDS/V'S <b>*NO CYMBALS</b>	DIAMONDS/HEXAGONS/OCTAGONS	PASSE
7	HORIZONTAL F8's	F8's ALL	F8's ALL	ARABESQUE
8	TWISTS	TWISTS	TWISTS	URNS